

# Adult Program Trip - Read & Go

Raleigh, NC *"The Secret, Book and Scone Society"*

Tuesday, August 13, 2019



**Have you ever heard of bibliotherapy or enjoy a good mystery?** Join us as we meet with author, Ellery Adams. We will be leaving from Anne Gordon Active Adult Center at Millbrook Exchange Park (1901 Spring Forest Road) at 9:15am.



Spend the morning at Quail Ridge Books for coffee, tea and 'comfort' scones with NY Times Bestselling author, Ellery Adams. Ellery will discuss her books in general, and a new book of *The Secret, Book and Scone Society* series. She will also talk about 'therapy reading' or bibliotherapy. Bibliotherapy is a creative arts therapies modality that involves storytelling or the reading of specific texts with the purpose of healing. It uses an individual's relationship to the content of books and poetry and other written words as therapy. Bibliotherapy is often combined with writing therapy. A list of book titles will be available for various concerns, plus Quail Ridge Books will have a display of books available for purchase.

The group will arrive back at the Anne Gordon Center in Raleigh at approximately 12:30pm.

## Price:

\$22.00 City of Raleigh Resident

\$37.00 Non-City of Raleigh Resident

## Price Includes:

Transportation via department vehicle and reception at Quail Ridge Books. Book purchases are on your own at a discount.

## Patron Expectations:

This trip has a low volume of walking expected. There may be some steps, uneven paths with loose bricks and gravel. Patron must be able to keep to the scheduled timeline of the trip. Please remember there is no one-on-one assistance provided by the escorts.

## Cancellation Policy:

Cancellations must be made in writing at least 14 days prior to trip departure date to receive a refund. Full or partial refunds are subject to non-refundable expenses incurred by the Department. If the Department cancels a trip, a full refund will be given. Please send all withdraw requests to Carmen Rayfield at [carmen.rayfield@raleighnc.gov](mailto:carmen.rayfield@raleighnc.gov) or in person to any Active Adult Center.

PARKS, RECREATION  
AND CULTURAL  
RESOURCES

Walnut Terrace Center 919-996-6160

Five Points Center 919-996-4730

Anne Gordon Center 919-996-4720

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\$22.00 City of Raleigh Resident

\$37.00 Non-City of Raleigh Resident

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**Make checks payable to:** City of Raleigh**To Register: Complete the form below and return with full payment to:**

Walnut Terrace Center

Adult Program

1256 McCauley Street, Suite 126 Raleigh, NC 27608

Walk-in registrations are taken at any of our Active Adult Centers.

Credit Card payments can be made by phone or by RecLink: # 247504

**For Additional Information Contact :** Adult Program Staff at 919-996-6160, 919-996-4720 or 919-996-4730**Keep top portion for your records**

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**Raleigh, NC Quail Ridge Bookstore Tuesday, August 13, 2019 #247504**

All participants must have a current Yearly Trip Registration Form filled out and returned to the Adult Program to be registered for any Adult Program trip. The Yearly Trip Registration Form covers all trip waivers and registration January thru December. Forms can be obtained from any the Adult Trip Brochure, an Active Adult Center or on line at [www.parks.raleighnc.gov](http://www.parks.raleighnc.gov) (keyword search Adult Yearly Trip).

Individuals without a current Yearly Trip Registration Form: A spot on the trip will be held while being placed on the trip waitlist until a current Yearly Trip Registration Form is received. Once the form is received participants on the waitlist will be moved over to the trip list.

By submitting a registration form and payment it is understood that it is the responsibility of the patron to update any personal information prior to participating in any and all Adult Program trips.

Account Information ☐ Account is Up To Date ☐ Update Account Information ☐ Create a New Account

Name of Participant \_\_\_\_\_ Name of Participant \_\_\_\_\_

Telephone \_\_\_\_\_

Only fill out the following information if an account needs to be updated or a new account needs to be created

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Primary Phone \_\_\_\_\_ Secondary Phone \_\_\_\_\_

I want Parks, Recreation and Cultural Resources to know about these medical conditions for this participant: \_\_\_\_\_

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